

FACILITIES MOST IN NEED

- Athletic Fields
- Tracks
- Weight Rooms
- Basketball and Tennis Courts
- Pools
- Playgrounds

Even a few hours a week of opening your indoor or outdoor spaces can make a difference!



Sharing Spaces for Health



Everyone Benefits, Especially You!

Some of the benefits you receive from being a partner in this program include:

Involvement in the fight against childhood obesity in your community

Signage that endorses your facility involvement

Publicity as a Sharing Spaces for Health partner

Excellent exposure of your facility to new community members

An increased sense of community ownership



www.cobb2020.com



Funded by Healthcare Georgia Foundation

Sharing Spaces for Health



Dedicated to Reducing Childhood Obesity in Cobb County

Childhood obesity is an epidemic that has doubled in children and quadrupled in adolescents over the past 30 years, with over 900,000 children in Georgia reported as being overweight or obese.^{1,2}

Our community's youth are more likely to develop risk factors for cardiovascular disease, such as high cholesterol or high blood pressure, and increase their risk of certain cancers, as well as prediabetes, bone and joint problems, sleep apnea, and social and psychological problems that come from poor self-esteem.

Creating healthy habits in the lives of Cobb County children and teens is the only solution that can reverse this trend. And that's where you can help.



SHARING SPACES FOR HEALTH

29% of Cobb County students are not within the Healthy Fitness Zone for Aerobic Capacity. Research has shown that students are less likely to remain in the Healthy Fitness Zone as they get older.³

29%

Healthy Fitness Zone for Aerobic Capacity

Sharing Spaces for Health is a part of The Childhood Obesity Initiative, funded by Healthcare Georgia Foundation and supported by Cobb2020, that invites schools, faith-based organizations, local businesses, agencies and nonprofits to offer public access to part or all of their facilities so that kids, teens and their families can get more physically active.

By becoming a partner and opening your outdoor and/or indoor areas to the community via a joint use agreement or an open declaration, you can reduce the obesity rate in Cobb County and help get our kids healthier.

The concept of Sharing Spaces for Health is simple and powerful: Let's share resources to get our communities healthier. Together, we can reverse the epidemic of childhood obesity.

Become a Sharing Spaces Partner today!

Do you have a facility you would be willing to share to support our efforts? Do you have or need a space that would help promote physical activity in the Cobb community?

Contact us at info@cobb2020.com. We would love to partner with you!

1. Ogden CL, Carroll MD, Kit BK, Flegal KM. (2014). Prevalence of childhood and adult obesity in the United States, 2011-2012. JAMA, 311(8), 806-814.
2. National Center for Health Statistics. (2012). Health, United States, 2011: With Special Feature on Socioeconomic Status and Health. Hyattsville, MD: U.S. Department of Health and Human Services.
3. Georgia Department of Education. (2015). FITNESSGRAM. Cobb County, GA.